

COORDINATED SCHOOL HEALTH EVALUATION DATA FROM SCHOOLS

Instructions please complete and return by mail or email Tamara Baker, 4815 W. Markham Slot 17, Little Rock, AR 72205 / tamara.baker@arkansas.gov by June 30th, 2008. Be sure to include your data source.

I. C1 COMPONENT: ADMINISTRATION AND ORGANIZATION INDICATORS

1. **C1 Outcome Indicator #8:** The percentage of time spent in a school/district sponsored staff in-service for professional development on health-related issues. (This does not include Education Cooperative sponsored Professional Development)

(A) Time (in minutes) in professional/staff development devoted to health-related issues

(B) Total time (in minutes) of all professional/staff development

(C) Calculate percentage of health-related time spent in staff development

Data source: _____

II. C4 COMPONENT: PHYSICAL EDUCATION AND PHYSICAL ACTIVITY

Outcome Indicator #3: Are all students enrolled in a physical education class required to take a comprehensive health-related physical fitness battery?
(FITNESSGRAM or President's Fitness Test)

Yes

No

Outcome Indicator #4: Number of students scoring in the **Healthy Fitness Zone** on all components of the FITNESSGRAM.

GRADE LEVELS	Number of students participating in the FITNESSGRAM	Number of students scoring In the Healthy Fitness Zone
K		
1		
2		
3		
4		
5		
6		
7		
8		

Data Source: FITNESSGRAM report
Physical Education Instructor

Outcome Indicator #5: Number of students that qualify for the National Fitness Award by achieving the **50th percentile or above** in all five fitness standards represented in the Presidential Fitness Test.

GRADE LEVELS	Number of students assessed using the Presidential Fitness Test	Number of students scoring In the 50 th percentile or above on all 5 standards
K		
1		
2		
3		
4		
5		
6		
7		
8		

Data Source: President's Fitness Test records
Physical Education Instructor

Outcome Indicator #6: Does your school offer other lifetime sports or activity classes other than physical education classes or athletics?

YES list _____

NO

III. C6 COMPONENT: NUTRITION SERVICES AND EDUCATION

1. C6 Outcome Indicator #3: The percentage of schools that allow access to water throughout the school day as determined by the health educator or CSH coordinator.

- 1. The number of schools that allow children to access water throughout the entire school day. _____
- 2. The number of schools that provide free water sources to children throughout the entire school day _____

Data Source: _____

2. C6 Outcome Indicator #4: The percentage of schools that allow fast food items into the school.

- 1. The number of schools that allow fast food items to be brought into the school for children to consume (i.e. Pizza Hut, McDonalds). _____

Data Source: _____

IV. C7 COMPONENT: COUNSELING, PSYCHOLOGICAL AND SOCIAL SERVICES

School level only

1. C7 Outcome Indicator #3: The percentage of students screened for mental health services.

- (A) Total number of students screened _____
- (B) Total number of students _____
- (C) Calculate percentage of students screened _____ %

Data Source: _____

2. **C7 Outcome Indicator #4:** The percentage of students referred for mental health services.

- (A) Total number of students referred _____
- (B) Total number of students _____
- (C) Calculate percentage of students referred _____ %

Data Source: _____

V. **C10 COMPONENT: PARENT AND COMMUNITY INVOLVEMENT IN SCHOOL HEALTH**

Part A: School (Building) Level

1. **C10 Outcome Indicator #1** - Percentage of parent representation/involvement in school building level Wellness Committees

- (A) Number of persons on Wellness Committee _____
- (B) Number of members that represent parents _____

Data Source: _____

2. **C10 Outcome Indicator #2** - Percentage of community representation/involvement in school building level Wellness Committee

- (A) Number of persons on Wellness Committee _____
- (B) Number of members that represent community _____

Data Source: _____

3. **C10 Outcome Indicator #3** - Percentage of increase in PTO/PTA membership

- (A) Total number of PTO/PTA members at the beginning of the year _____
- (B) Total number of PTO/PTA members at the end of the year _____
- (C) Calculate percent of gain or loss in PTO/PTA members _____

Data Source: _____

Part B: District Level

4. C10 Outcome Indicator #1 - Percentage of parent representation/
involvement in school building level Wellness Committees

(A) Number of persons on Wellness Committee _____

(B) Number of members that represent parents _____

Data Source: _____

5. C10 Outcome Indicator #2 - Percentage of community representation/
involvement in school building level Wellness Committee

(A) Number of persons on Wellness Committee _____

(B) Number of members that represent community _____

Data Source: _____

If your school/district has a Pre K (ABC Program), answer the following questions:

- Do the Pre K students participate in height and weight measurements for BMI? _____
- Does your school/district Wellness Committee include a representative from the Pre K Program? _____
- Do Coordinated School Health activities/plans include Pre K faculty, students, and families?

