

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009		
Total												
Injury and Violence												
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet			96.9	95.0	92.2	94.4		92.7	90.2	90.1	Yes	No
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else			26.2	29.0	21.0	23.0		17.8	17.0	18.7	Yes	No
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol			41.9	41.4	34.0	31.2		27.8	28.5	28.3	Yes	Yes
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol			18.0	17.3	14.4	15.8		12.9	11.1	12.5	Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days			26.1	27.5	23.2	22.1		25.9	20.7	22.9	Yes	No
Percentage of students who carried a gun on one or more of the past 30 days			11.0	10.6	9.0	8.0		10.2	7.0	10.7	No	Yes
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days			11.0	11.7	10.4	7.9		10.5	6.8	8.4	Yes	No

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Injury and Violence													
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school			5.4	5.1	4.7	7.6		6.3	7.4	10.4	Yes	No	
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months			8.7	8.3	9.8	9.4		9.6	9.1	11.9	Yes	No	
Percentage of students who were in a physical fight one or more times during the past 12 months			37.8	36.2	32.9	31.2		32.1	32.8	34.7	No	Yes	
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse			4.1	3.5	3.8	2.9		5.2	4.2	6.9	Yes	Yes	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months			17.0	15.1	15.5	12.7		13.9	13.0	14.8	Yes	No	
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months					10.1	10.0		13.8	14.1	16.7	Yes	No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to						9.7		11.2	14.0	13.1	Yes	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Injury and Violence													
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months					27.7	29.7		32.4	31.4	28.1	No	Yes	
Percentage of students who seriously considered attempting suicide during the past 12 months			24.0	22.2	17.9	19.6		19.2	17.4	18.0	Yes	No	
Percentage of students who made a plan about how they would attempt suicide during the past 12 months			17.8	17.6	16.0	14.2		15.8	13.0	14.1	Yes	No	
Percentage of students who actually attempted suicide one or more times during the past 12 months			8.8	10.0	8.8	8.8		12.1	9.8	12.0	Yes	No	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse			2.7	2.5	2.8	2.2		4.4	2.9	4.8	Yes	No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Tobacco Use													
Percentage of students who ever tried cigarette smoking, even one or two puffs			74.4	76.1	73.7	71.6		63.2	59.7	54.9	Yes	Yes	
Percentage of students who smoked a whole cigarette for the first time before age 13 years			29.0	29.7	30.0	28.0		22.0	18.4	17.7	Yes	Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days			37.2	43.2	39.6	34.7		25.9	20.7	20.3	Yes	Yes	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days			18.3	23.3	22.5	18.8		13.4	8.7	9.7	Yes	Yes	
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days			19.2	20.0	18.7	19.4		15.2	8.9	10.9	Yes	No	
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days						21.4		15.5	14.8	18.6	No	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days			13.9	15.8	13.8	11.0		8.3	5.0	5.3	Yes	Yes	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days						23.7		19.3	15.8	14.8	Yes	No	
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months						60.4		61.3	57.9	55.3	No	No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Tobacco Use													
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days			12.7	13.8	10.2	13.5		13.7	11.2	12.4	No	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days			7.6	7.9	6.3	8.6		8.0	6.6	7.8	No	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days					19.3	19.3		17.6	17.4	16.7	Yes	No	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days					43.9	41.4		33.8	28.3	26.5	Yes	No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Alcohol and Other Drug Use													
Percentage of students who had at least one drink of alcohol on one or more days during their life			79.3	79.3	79.6	79.6		76.0	73.9	70.4	Yes	Yes	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years			37.8	37.2	33.4	31.8		30.8	26.4	28.9	Yes	No	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days			51.5	50.1	48.3	47.9		43.1	42.2	39.7	Yes	No	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days			32.2	33.1	33.4	30.0		29.7	25.2	24.6	Yes	No	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days			5.7	5.5	6.2	5.5		5.2	5.1	6.1	No	No	
Percentage of students who used marijuana one or more times during their life			38.8	46.3	44.9	43.6		39.1	34.6	37.4	Yes	Yes	
Percentage of students who tried marijuana for the first time before age 13 years			7.4	10.1	12.1	11.6		11.2	10.2	9.6	No	Yes	
Percentage of students who used marijuana one or more times during the past 30 days			22.8	27.6	24.4	22.6		18.9	16.4	17.8	Yes	No	
Percentage of students who used marijuana on school property one or more times during the past 30 days			5.4	7.5	5.8	4.1		4.1	2.8	4.5	Yes	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life			6.6	8.5	10.2	8.7		10.4	7.6	7.5	No	Yes	

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Total													
Alcohol and Other Drug Use													
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days			3.4	4.0	4.6	4.1		5.2	3.3	3.8	No	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life			21.4	20.4	16.7	14.1		16.1	15.3	16.8	Yes	Yes	
Percentage of students who used heroin one or more times during their life					4.3	3.0		4.7	3.3	5.4	No	No	
Percentage of students who used methamphetamines one or more times during their life					13.9	11.8		9.0	6.8	6.0	Yes	No	
Percentage of students who used ecstasy one or more times during their life								9.2	6.9	11.0	No	Yes	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life			4.9	5.2	5.0	6.9		6.4	4.5	6.4	No	No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			2.2	2.1	3.8	2.3		4.3	3.3	4.9	Yes	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months			26.7	25.9	20.8	21.1		29.2	28.1	31.4	Yes	Yes	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009		
Total												
Sexual Behaviors												
Percentage of students who ever had sexual intercourse			61.5	59.7	55.9	55.5		54.0	54.9	53.6	Yes	No
Percentage of students who had sexual intercourse for the first time before age 13 years			13.7	12.4	11.4	9.8		9.2	9.3	10.3	Yes	No
Percentage of students who had sexual intercourse with four or more people during their life			25.8	24.5	21.5	20.5		18.3	19.0	18.0	Yes	No
Percentage of students who had sexual intercourse with one or more people during the past three months			44.9	44.4	40.1	40.2		40.6	39.7	38.9	Yes	No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse			21.1	28.9	25.1	24.3		21.7	20.6	20.1	Yes	No
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse			57.5	57.2	59.2	64.5		56.7	59.0	58.7	No	No
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse			17.1	14.6	15.6	15.4		20.0	19.7	19.4	No	No
Percentage of students who had ever been taught in school about AIDS or HIV infection			86.8	87.4	84.1	86.2		84.0	85.6	82.4	Yes	No

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009		
Total												
Weight Management and Dietary Behaviors												
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**					13.8	15.9		16.7	15.8	15.7	No	No
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**					11.4	13.8		15.4	13.9	14.4	No	No
Percentage of students who described themselves as slightly or very overweight			27.4	29.4	32.2	33.5		32.9	27.3	27.3	No	Yes
Percentage of students who were trying to lose weight			39.1	41.6	40.7	46.7		49.0	43.0	45.8	Yes	Yes
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			48.5	49.1	57.7	59.7		58.7	59.7	58.6	Yes	Yes
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days					36.7	42.9		40.3	37.6	40.2	No	No
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days					12.8	15.1		16.1	12.2	16.6	No	No
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days					9.0	11.7		11.8	8.4	10.5	No	No

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Weight Management and Dietary Behaviors													
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			4.6	6.5	5.4	5.3		8.9	6.8	9.3	Yes	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days					76.6	77.6		71.9	74.2	73.9	Yes	No	
Percentage of students who ate fruit one or more times during the past seven days					79.6	77.9		75.7	77.6	82.1	No	Yes	
Percentage of students who ate green salad one or more times during the past seven days					61.0	61.3		56.1	54.6	59.6	No	No	
Percentage of students who ate potatoes one or more times during the past seven days					73.7	73.3		68.2	66.8	67.1	Yes	No	
Percentage of students who ate carrots one or more times during the past seven days					40.5	40.6		36.0	40.1	39.3	No	No	
Percentage of students who ate other vegetables one or more times during the past seven days					82.8	84.0		77.4	76.4	76.2	Yes	No	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days					18.8	19.9		13.9	13.3	14.9	Yes	No	
Percentage of students who ate fruits two or more times per day during the past seven days					24.0	27.0		21.1	21.8	25.7	No	No	
Percentage of students who ate vegetables three or more times per day during the past seven days					14.2	13.2		11.1	8.8	11.7	Yes	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Weight Management and Dietary Behaviors													
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days									39.4	33.5		Yes	
Percentage of students who drank three or more glasses per day of milk during the past seven days					15.6	14.6		9.8	10.5	8.5		Yes	No

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Physical Activity													
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								30.9	42.0	42.0		Yes	Yes
Percentage of students who watched three or more hours per day of TV on an average school day					44.2	42.9		39.1	34.3	36.4		Yes	No
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									19.0	21.0		No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school			32.4	37.7	39.8	36.5		36.3	39.0	39.4		No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school			28.4	28.8	31.3	30.2		27.2	31.3	22.7		No	No
Percentage of students who played on one or more sports teams during the past 12 months					53.4	54.1		50.8	51.1	52.2		No	No

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Other													
Percentage of students who had ever been told by a doctor or nurse that they had asthma								21.5	21.1	23.2	No	No	
Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma									10.1	9.9	No		

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Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Injury and Violence													
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet			96.7	95.6	92.7	94.8		93.3	91.7	90.8	Yes	No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else			33.0	36.7	28.4	28.3		21.2	20.8	23.4	Yes	No	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol			44.5	43.4	36.9	32.5		29.0	27.2	28.3	Yes	No	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol			24.9	24.7	19.8	21.6		14.8	13.8	13.8	Yes	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days			43.2	42.3	37.7	37.9		41.5	33.4	36.1	Yes	No	
Percentage of students who carried a gun on one or more of the past 30 days			19.5	18.0	16.3	13.6		18.4	11.5	18.3	No	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days			18.4	17.6	17.2	13.8		17.0	10.8	12.0	Yes	No	
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school			4.6	5.5	5.4	6.2		6.9	5.0	12.4	Yes	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Injury and Violence													
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months			10.6	10.5	11.9	11.8		12.1	10.7	15.2	No	No	
Percentage of students who were in a physical fight one or more times during the past 12 months			48.6	45.2	40.2	39.3		39.9	42.2	44.1	No	Yes	
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse			5.5	5.3	5.5	4.1		6.7	6.4	10.7	Yes	Yes	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months			24.6	21.6	21.5	16.9		19.2	17.7	19.6	Yes	No	
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months					11.0	10.7		13.3	13.3	17.0	Yes	No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to						6.4		7.7	9.2	11.0	No	No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months					19.2	22.3		26.3	22.1	21.0	No	Yes	
Percentage of students who seriously considered attempting suicide during the past 12 months			17.8	17.4	12.1	15.4		13.7	12.8	14.8	Yes	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Injury and Violence													
Percentage of students who made a plan about how they would attempt suicide during the past 12 months			12.8	13.5	12.3	10.7		11.8	8.1	11.8	Yes	No	
Percentage of students who actually attempted suicide one or more times during the past 12 months			4.6	5.7	5.7	5.9		9.5	7.7	12.7	Yes	No	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse			1.5	1.3	2.6	1.8		3.7	2.1	5.4	Yes	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Tobacco Use													
Percentage of students who ever tried cigarette smoking, even one or two puffs			76.5	76.8	74.5	76.7		64.3	60.4	56.3	Yes	Yes	
Percentage of students who smoked a whole cigarette for the first time before age 13 years			33.0	33.6	31.1	33.7		24.4	21.6	19.7	Yes	Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days			40.1	45.6	41.2	37.0		23.3	20.9	19.6	Yes	Yes	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days			19.6	24.8	23.5	20.3		12.4	8.6	8.0	Yes	Yes	
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days			22.9	22.0	20.1	22.6		19.1	11.0	14.2	Yes	No	
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days							28.2	20.3	21.9	23.1	No	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days			16.6	18.0	16.8	13.7		8.3	6.3	6.3	Yes	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							24.2	18.3	16.6	12.0	Yes	No	
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months							59.9	57.1	55.1	46.6	No	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Tobacco Use													
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days			23.4	24.9	18.9	24.9		24.2	18.4	19.9	Yes	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days			14.0	15.0	12.0	16.1		14.7	11.7	12.2	No	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days					25.7	27.7		20.7	23.6	21.4	Yes	No	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days					48.7	49.0		36.0	33.7	29.2	Yes	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Alcohol and Other Drug Use													
Percentage of students who had at least one drink of alcohol on one or more days during their life			81.1	80.6	80.8	80.7		72.4	72.5	69.5	Yes	No	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years			47.0	44.6	37.8	39.8		34.5	29.4	32.6	Yes	No	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days			56.6	54.3	50.2	51.9		40.5	43.7	38.9	Yes	No	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days			38.2	39.7	37.1	36.7		30.2	27.3	24.5	Yes	No	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days			6.8	6.8	8.0	8.1		5.7	5.9	7.6	No	No	
Percentage of students who used marijuana one or more times during their life			43.8	50.4	47.9	49.1		39.9	40.2	39.3	Yes	Yes	
Percentage of students who tried marijuana for the first time before age 13 years			10.1	13.5	16.4	15.2		13.6	14.8	12.6	No	Yes	
Percentage of students who used marijuana one or more times during the past 30 days			26.6	31.5	29.2	26.7		18.0	21.4	18.9	Yes	No	
Percentage of students who used marijuana on school property one or more times during the past 30 days			7.8	11.3	8.9	6.1		5.7	3.8	6.1	Yes	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life			7.4	9.1	11.7	9.1		12.0	8.7	8.2	No	Yes	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Alcohol and Other Drug Use													
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days			4.3	4.9	6.1	4.6		7.0	4.7	4.6	No	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life			22.7	19.8	16.7	15.7		17.1	14.9	17.3	Yes	Yes	
Percentage of students who used heroin one or more times during their life					5.8	3.3		7.3	4.2	7.0	No	No	
Percentage of students who used methamphetamines one or more times during their life					15.0	12.0		10.1	7.1	7.5	Yes	No	
Percentage of students who used ecstasy one or more times during their life								11.9	8.5	12.3	No	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life			6.5	6.1	6.9	8.8		8.4	6.5	9.3	No	No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			2.5	2.6	5.3	2.5		5.9	4.2	6.2	Yes	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months			33.1	30.6	25.7	25.8		32.2	30.9	34.1	No	Yes	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Sexual Behaviors													
Percentage of students who ever had sexual intercourse			63.4	61.9	55.3	57.8		54.3	54.8	55.9	Yes	No	
Percentage of students who had sexual intercourse for the first time before age 13 years			20.4	18.7	15.0	14.3		12.7	12.7	14.3	Yes	No	
Percentage of students who had sexual intercourse with four or more people during their life			31.1	29.7	24.0	25.1		21.0	21.9	20.8	Yes	No	
Percentage of students who had sexual intercourse with one or more people during the past three months			44.2	43.5	39.0	39.9		38.8	37.0	37.6	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse			28.1	37.5	33.6	30.8		27.4	25.3	20.9	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse			64.1	62.0	67.2	68.6		65.3	63.7	72.4	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse			14.6	11.5	9.3	9.6		16.7	13.8	15.5	No	Yes	
Percentage of students who had ever been taught in school about AIDS or HIV infection			86.2	84.6	81.9	85.3		79.5	84.7	79.6	Yes	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Weight Management and Dietary Behaviors													
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**					11.1	16.3		15.5	14.8	16.1	No	No	
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**					15.0	18.7		20.1	18.4	18.5	No	No	
Percentage of students who described themselves as slightly or very overweight			21.6	22.6	21.3	28.1		24.6	21.9	24.1	No	No	
Percentage of students who were trying to lose weight			23.3	25.8	23.3	32.0		32.5	30.8	32.9	Yes	No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			35.4	36.7	48.0	53.5		51.3	54.9	51.4	Yes	Yes	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days					20.1	28.6		28.6	25.6	30.4	Yes	No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days					6.1	8.3		13.4	7.6	12.8	Yes	No	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days					4.8	6.9		8.3	7.6	10.8	Yes	No	

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Weight Management and Dietary Behaviors													
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			1.6	2.7	3.2	1.4		7.4	5.6	7.8	Yes	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days					77.4	78.5		71.6	73.6	74.4	Yes	No	
Percentage of students who ate fruit one or more times during the past seven days					78.9	79.0		74.1	73.5	80.7	No	Yes	
Percentage of students who ate green salad one or more times during the past seven days					56.2	58.7		53.7	47.6	54.7	No	No	
Percentage of students who ate potatoes one or more times during the past seven days					74.0	74.0		68.9	68.1	66.4	Yes	No	
Percentage of students who ate carrots one or more times during the past seven days					39.4	40.3		38.0	38.7	40.2	No	No	
Percentage of students who ate other vegetables one or more times during the past seven days					80.9	83.8		76.4	73.0	72.3	Yes	No	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days					20.2	21.8		15.5	14.7	16.6	Yes	No	
Percentage of students who ate fruits two or more times per day during the past seven days					25.9	29.4		22.3	21.3	26.5	Yes	No	
Percentage of students who ate vegetables three or more times per day during the past seven days					15.5	15.1		12.9	9.8	13.0	Yes	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Weight Management and Dietary Behaviors													
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days									42.4	34.1		Yes	
Percentage of students who drank three or more glasses per day of milk during the past seven days					19.8	20.4		14.4	14.9	11.4		Yes	No

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Physical Activity													
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								38.1	53.3	50.4	Yes	Yes	
Percentage of students who watched three or more hours per day of TV on an average school day					43.8	47.3		38.0	37.3	38.0	Yes	No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									22.9	27.4	No		
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school			38.1	41.5	47.4	38.4		39.6	39.3	45.1	No	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school			32.8	31.1	37.4	31.4		27.6	30.0	24.2	Yes	No	
Percentage of students who played on one or more sports teams during the past 12 months					61.7	60.1		54.7	54.8	60.5	No	Yes	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Other													
Percentage of students who had ever been told by a doctor or nurse that they had asthma								23.7	21.1	24.7	No	No	
Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma								8.7	9.7	No			

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Injury and Violence													
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet			97.1	94.2	91.4	94.1		92.0	88.2	89.5	Yes	No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else			19.3	21.0	13.0	17.3		14.1	13.1	13.9	Yes	No	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol			39.3	39.3	30.9	29.9		26.5	30.0	28.0	Yes	Yes	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol			11.0	9.6	8.9	9.8		10.9	8.5	10.9	No	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days			8.8	12.6	8.1	6.0		10.4	8.0	10.1	No	No	
Percentage of students who carried a gun on one or more of the past 30 days			2.4	3.1	1.4	2.1		2.2	2.5	2.9	No	No	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days			3.5	5.7	3.4	1.8		4.0	2.7	4.6	No	Yes	
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school			6.3	4.8	4.0	9.0		5.3	10.0	8.3	Yes	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Injury and Violence													
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months			6.7	6.1	7.8	7.0		6.9	7.4	8.6	No	No	
Percentage of students who were in a physical fight one or more times during the past 12 months			26.7	27.0	25.1	22.9		24.6	23.3	25.1	No	No	
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse			2.6	1.7	2.2	1.7		3.7	2.0	3.0	No	No	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months			9.2	8.5	9.1	8.4		8.2	8.4	10.0	No	No	
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months					9.2	9.3		13.4	15.1	16.5	Yes	No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to						13.2		14.1	18.8	15.1	No	No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months					36.6	37.4		38.2	40.9	35.3	No	No	
Percentage of students who seriously considered attempting suicide during the past 12 months			30.4	27.3	23.9	23.9		24.5	22.0	21.1	Yes	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Injury and Violence													
Percentage of students who made a plan about how they would attempt suicide during the past 12 months			23.1	21.8	19.9	17.8		19.6	18.0	16.4	Yes	No	
Percentage of students who actually attempted suicide one or more times during the past 12 months			13.0	14.3	11.9	11.6		14.3	11.9	11.3	No	No	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse			3.9	3.7	3.1	2.6		4.7	3.6	4.3	No	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Tobacco Use													
Percentage of students who ever tried cigarette smoking, even one or two puffs			72.3	75.4	72.8	66.3		62.5	59.3	53.4	Yes	No	
Percentage of students who smoked a whole cigarette for the first time before age 13 years			24.9	25.7	28.8	22.1		19.3	15.1	15.5	Yes	No	
Percentage of students who smoked cigarettes on one or more of the past 30 days			34.2	40.8	37.9	32.1		28.3	20.6	20.8	Yes	Yes	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days			16.9	21.7	21.6	17.2		14.2	8.8	11.2	Yes	No	
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days			15.0	17.8	17.0	15.7		11.9	6.8	8.2	Yes	No	
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days						13.5		12.0	7.8	14.4	No	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days			11.2	13.6	10.7	8.2		8.2	3.8	4.1	Yes	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days						23.1		20.2	15.0	17.3	Yes	No	
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months						61.0		64.9	60.9	63.0	No	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Tobacco Use													
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days			1.7	2.5	1.4	1.7		2.7	4.0	4.9	Yes	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days			1.0	0.7	0.4	0.8		1.2	1.4	3.1	Yes	Yes	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days					12.7	10.6		14.0	11.1	11.8	No	No	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days					39.1	33.5		31.6	23.1	23.8	Yes	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Alcohol and Other Drug Use													
Percentage of students who had at least one drink of alcohol on one or more days during their life			77.4	77.9	78.4	78.7		79.1	75.7	71.4	Yes	Yes	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years			28.2	29.5	28.8	23.6		26.1	23.5	25.0	Yes	No	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days			46.2	45.8	46.4	44.1		45.0	40.8	40.6	Yes	No	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days			26.1	26.3	29.6	23.2		28.8	23.1	24.6	No	No	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days			4.6	4.1	4.5	2.9		4.5	4.3	4.6	No	No	
Percentage of students who used marijuana one or more times during their life			33.6	42.0	41.9	38.2		38.3	29.0	35.4	No	Yes	
Percentage of students who tried marijuana for the first time before age 13 years			4.6	6.6	7.7	7.9		8.6	5.5	6.6	No	Yes	
Percentage of students who used marijuana one or more times during the past 30 days			19.0	23.6	19.6	18.4		19.4	11.3	16.5	Yes	No	
Percentage of students who used marijuana on school property one or more times during the past 30 days			3.0	3.7	2.7	2.1		2.1	1.8	2.9	No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life			5.7	7.9	8.7	8.4		8.7	6.3	6.8	No	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Alcohol and Other Drug Use													
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days			2.6	3.1	3.1	3.6		3.2	2.0	2.9	No	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life			20.0	21.2	16.6	12.6		14.6	15.7	16.2	Yes	Yes	
Percentage of students who used heroin one or more times during their life					2.8	2.7		1.9	2.4	3.9	No	No	
Percentage of students who used methamphetamines one or more times during their life					12.9	11.6		7.4	6.5	4.5	Yes	No	
Percentage of students who used ecstasy one or more times during their life								6.3	5.1	9.7	Yes	Yes	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life			3.1	4.3	3.1	5.1		4.1	2.5	3.5	No	No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			1.9	1.6	2.3	2.1		2.5	2.4	3.7	Yes	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months			19.9	21.0	15.8	16.2		26.3	25.2	28.8	Yes	Yes	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Sexual Behaviors													
Percentage of students who ever had sexual intercourse			59.6	57.5	56.6	53.3		53.6	55.3	51.4	Yes	No	
Percentage of students who had sexual intercourse for the first time before age 13 years			6.9	5.9	7.6	5.2		5.5	5.8	6.7	No	No	
Percentage of students who had sexual intercourse with four or more people during their life			20.5	19.2	18.8	15.7		15.8	16.1	15.5	No	No	
Percentage of students who had sexual intercourse with one or more people during the past three months			45.7	45.4	41.3	40.6		42.3	42.6	39.9	No	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse			14.3	20.7	16.6	17.7		16.6	16.5	19.5	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse			51.1	52.4	51.5	60.6		49.2	55.0	47.3	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse			19.7	17.7	21.5	21.0		22.6	24.9	22.7	No	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection			87.5	90.2	86.4	87.3		88.2	86.6	85.2	No	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009		
Female												
Weight Management and Dietary Behaviors												
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**					16.5	15.4		17.9	16.8	15.4	No	No
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**					7.6	8.7		10.6	9.1	10.1	No	No
Percentage of students who described themselves as slightly or very overweight			33.3	36.4	43.3	39.2		40.7	32.8	30.7	Yes	Yes
Percentage of students who were trying to lose weight			55.4	58.1	58.7	62.1		65.4	55.6	59.0	No	Yes
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			61.9	62.1	67.5	66.1		65.6	64.6	65.9	No	No
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days					54.0	57.9		51.5	50.0	49.9	Yes	No
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days					19.9	22.2		18.5	16.9	20.3	No	No
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days					13.3	16.8		15.0	9.2	10.2	Yes	No

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Weight Management and Dietary Behaviors													
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			7.6	10.5	7.7	9.3		10.3	8.1	10.7	No	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days					75.8	76.7		71.9	74.8	73.6	No	No	
Percentage of students who ate fruit one or more times during the past seven days					80.4	76.8		77.4	81.7	83.6	No	Yes	
Percentage of students who ate green salad one or more times during the past seven days					66.0	63.9		58.6	61.6	64.3	No	No	
Percentage of students who ate potatoes one or more times during the past seven days					73.8	72.5		67.6	65.4	67.8	Yes	No	
Percentage of students who ate carrots one or more times during the past seven days					41.6	40.8		34.1	41.6	38.2	No	No	
Percentage of students who ate other vegetables one or more times during the past seven days					85.0	84.2		78.6	80.0	80.2	Yes	No	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days					17.3	17.9		12.3	11.9	13.3	Yes	No	
Percentage of students who ate fruits two or more times per day during the past seven days					22.3	24.5		19.9	22.2	25.1	No	No	
Percentage of students who ate vegetables three or more times per day during the past seven days					13.0	11.4		9.4	7.8	10.3	Yes	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Weight Management and Dietary Behaviors													
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days									36.3	32.9		No	
Percentage of students who drank three or more glasses per day of milk during the past seven days					11.4	8.5		5.1	6.2	5.7		Yes	No

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Physical Activity													
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								24.0	30.7	33.7	Yes	No	
Percentage of students who watched three or more hours per day of TV on an average school day					44.9	38.4		40.4	31.6	34.7	Yes	No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									15.0	14.8	No		
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school			26.6	33.7	32.3	34.6		33.2	38.8	33.7	Yes	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school			23.9	26.5	25.3	29.1		27.0	32.7	21.3	No	No	
Percentage of students who played on one or more sports teams during the past 12 months					45.0	47.8		46.9	47.4	44.0	No	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Other													
Percentage of students who had ever been told by a doctor or nurse that they had asthma								19.2	20.7	21.7	No	No	
Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma								11.3	10.0	No	No		

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Injury and Violence													
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet			96.5	95.0	92.9	94.7		93.5	90.0	91.4	Yes	No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else			26.3	25.7	19.0	21.5		14.9	13.5	14.8	Yes	No	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol			42.4	39.1	30.2	31.3		25.0	24.4	24.6	Yes	Yes	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol			19.8	18.8	13.8	17.0		12.6	10.7	12.2	Yes	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days			27.6	28.0	23.0	24.4		26.5	21.8	22.4	Yes	No	
Percentage of students who carried a gun on one or more of the past 30 days			11.1	9.8	8.1	8.1		10.6	6.4	9.8	No	No	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days			12.7	12.1	9.7	8.9		10.9	7.3	7.9	Yes	No	
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school			4.8	3.5	2.8	5.5		4.5	5.3	7.4	Yes	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Injury and Violence													
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months			7.4	6.9	8.3	8.7		7.8	6.9	10.1	No	No	
Percentage of students who were in a physical fight one or more times during the past 12 months			37.3	35.4	29.8	29.6		29.9	30.3	30.4	Yes	Yes	
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse			3.3	2.7	2.4	2.5		4.2	3.3	4.8	Yes	No	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months			14.7	13.9	13.7	11.5		12.5	11.2	12.8	No	No	
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months					9.0	7.4		11.7	11.5	13.9	Yes	No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to						8.7		8.9	13.2	11.7	Yes	No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months					24.5	28.7		31.0	32.5	26.9	No	Yes	
Percentage of students who seriously considered attempting suicide during the past 12 months			25.1	23.4	18.2	19.2		19.2	17.3	17.6	Yes	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Injury and Violence													
Percentage of students who made a plan about how they would attempt suicide during the past 12 months			18.4	18.3	14.9	13.6		15.6	12.2	12.7	Yes	No	
Percentage of students who actually attempted suicide one or more times during the past 12 months			8.5	10.1	7.6	7.1		10.2	8.3	10.6	No	No	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse			2.4	2.6	2.0	2.1		3.6	1.5	4.1	No	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Tobacco Use													
Percentage of students who ever tried cigarette smoking, even one or two puffs			76.3	76.8	73.6	73.0		63.0	59.1	54.4	Yes	No	
Percentage of students who smoked a whole cigarette for the first time before age 13 years			33.5	34.5	33.3	29.7		24.0	18.3	17.5	Yes	Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days			43.8	48.1	42.7	38.3		29.8	22.7	23.9	Yes	Yes	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days			24.2	28.8	25.3	22.8		15.7	9.4	12.0	Yes	Yes	
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days			21.8	22.3	20.3	22.2		15.3	6.4	10.8	Yes	Yes	
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days						22.8		15.1	13.4	17.6	No	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days			17.3	18.3	14.6	12.0		9.6	4.9	5.8	Yes	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days						28.4		23.0	16.6	18.1	Yes	No	
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months						60.7		61.1	56.8	57.1	No	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Tobacco Use													
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days			17.2	18.9	11.6	16.4		15.9	12.4	13.5	Yes	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days			10.2	10.7	6.9	10.1		8.9	7.4	8.1	No	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days					18.0	18.9		17.4	15.7	15.1	Yes	No	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days					46.5	44.4		38.2	29.6	29.7	Yes	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Alcohol and Other Drug Use													
Percentage of students who had at least one drink of alcohol on one or more days during their life			79.4	80.7	79.7	81.1		77.5	73.3	72.0	Yes	Yes	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years			38.1	37.7	34.3	31.9		30.3	25.7	25.9	Yes	No	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days			54.1	52.6	49.3	49.3		45.1	43.4	42.1	Yes	No	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days			37.5	37.8	35.3	33.5		32.3	28.3	28.9	Yes	No	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days			5.1	5.2	4.7	5.4		4.8	3.8	5.0	No	No	
Percentage of students who used marijuana one or more times during their life			39.0	43.3	43.4	42.3		38.0	32.6	35.6	Yes	Yes	
Percentage of students who tried marijuana for the first time before age 13 years			7.6	8.8	12.1	11.0		10.2	8.8	7.6	No	Yes	
Percentage of students who used marijuana one or more times during the past 30 days			24.4	26.3	23.0	21.5		17.9	14.5	16.1	Yes	No	
Percentage of students who used marijuana on school property one or more times during the past 30 days			5.1	6.1	5.0	3.7		3.6	2.3	3.6	Yes	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life			8.6	10.4	10.6	10.6		10.7	6.8	7.3	Yes	Yes	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Alcohol and Other Drug Use													
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days			4.2	4.6	4.7	4.7		4.9	2.8	2.9	Yes	Yes	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life			26.3	24.8	19.2	16.8		16.6	15.7	16.9	Yes	Yes	
Percentage of students who used heroin one or more times during their life					3.6	3.5		3.9	2.1	4.1	No	No	
Percentage of students who used methamphetamines one or more times during their life					15.3	14.2		9.6	6.1	5.6	Yes	No	
Percentage of students who used ecstasy one or more times during their life								9.3	6.3	9.5	No	Yes	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life			6.0	6.3	5.0	7.7		5.8	3.7	5.6	No	No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			2.3	2.5	3.4	2.6		3.3	2.2	3.9	No	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months			27.3	26.0	19.9	21.6		29.2	26.2	30.0	Yes	Yes	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Sexual Behaviors													
Percentage of students who ever had sexual intercourse			55.5	52.5	50.9	50.5		50.5	50.2	50.0	Yes	No	
Percentage of students who had sexual intercourse for the first time before age 13 years			9.1	7.4	8.0	7.0		6.4	6.4	7.7	No	No	
Percentage of students who had sexual intercourse with four or more people during their life			20.4	18.0	16.2	15.5		15.9	14.4	14.9	Yes	No	
Percentage of students who had sexual intercourse with one or more people during the past three months			40.2	38.4	35.8	36.5		38.9	37.4	37.1	No	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse			23.6	30.4	23.9	26.9		22.2	18.9	19.3	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse			50.7	53.8	54.3	62.5		54.4	58.7	53.5	No	Yes	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse			21.9	16.2	18.2	19.7		24.5	24.1	24.8	Yes	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection			87.0	88.0	85.8	87.0		85.0	87.1	83.6	No	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Weight Management and Dietary Behaviors													
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**					13.5	14.6		15.2	16.1	16.0	No	No	
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**					11.1	12.4		14.8	13.6	13.5	No	No	
Percentage of students who described themselves as slightly or very overweight			28.7	30.9	34.0	33.5		34.3	29.9	29.8	No	Yes	
Percentage of students who were trying to lose weight			41.6	44.0	43.3	46.4		51.7	44.9	48.2	Yes	No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			51.8	51.7	59.4	60.4		61.2	62.2	60.5	Yes	Yes	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days					38.9	45.4		43.5	40.6	42.7	No	No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days					12.9	14.3		15.8	12.1	15.4	No	No	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days					9.7	13.2		12.2	8.7	10.0	No	No	

*Non-Hispanic.

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Weight Management and Dietary Behaviors													
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			4.8	6.8	5.5	5.1		7.4	6.4	8.0	Yes	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days					76.1	75.2		71.5	73.0	71.7	Yes	No	
Percentage of students who ate fruit one or more times during the past seven days					81.4	78.4		76.4	80.2	83.4	No	Yes	
Percentage of students who ate green salad one or more times during the past seven days					64.7	62.9		59.0	58.8	63.8	No	No	
Percentage of students who ate potatoes one or more times during the past seven days					77.4	76.5		71.8	71.0	68.6	Yes	No	
Percentage of students who ate carrots one or more times during the past seven days					43.6	42.2		39.2	43.0	42.5	No	No	
Percentage of students who ate other vegetables one or more times during the past seven days					87.2	85.7		81.3	80.3	77.6	Yes	No	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days					16.7	17.7		13.7	12.1	12.5	Yes	No	
Percentage of students who ate fruits two or more times per day during the past seven days					21.2	24.5		19.4	20.7	22.1	No	No	
Percentage of students who ate vegetables three or more times per day during the past seven days					13.5	12.2		10.7	8.7	10.7	Yes	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Weight Management and Dietary Behaviors													
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days									41.6	37.5		No	
Percentage of students who drank three or more glasses per day of milk during the past seven days					16.1	15.1		10.7	10.9	8.9		Yes	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Physical Activity													
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								33.0	44.7	44.5	Yes	Yes	
Percentage of students who watched three or more hours per day of TV on an average school day					39.0	36.0		34.0	27.3	30.8	Yes	No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									18.4	19.0	No		
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school			31.7	35.6	37.1	35.7		37.3	39.5	36.3	No	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school			28.5	28.7	31.0	31.3		29.0	34.0	25.2	No	No	
Percentage of students who played on one or more sports teams during the past 12 months					54.3	53.2		52.1	50.9	53.3	No	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Other													
Percentage of students who had ever been told by a doctor or nurse that they had asthma								20.3	20.0	22.6	No	No	
Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma								9.7	9.6	No			

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009		
Black*												
Injury and Violence												
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet			98.0	96.8	93.3	96.4		89.6	90.6	86.0	Yes	No
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else			26.6	35.6	25.3	27.7		24.5	24.4	29.2	No	No
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol			41.5	46.4	46.2	31.1		34.0	35.7	37.4	Yes	No
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol			12.9	13.4	13.3	11.7		11.3	10.2	11.1	No	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days			21.6	24.3	20.1	13.3		21.7	17.3	22.7	No	No
Percentage of students who carried a gun on one or more of the past 30 days			10.1	12.0	10.7	7.8		7.3	7.7	12.6	No	No
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days			6.6	7.3	9.1	4.5		8.1	5.8	7.9	No	No
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school			6.0	8.7	10.1	12.8		9.6	12.2	16.2	Yes	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009		
Black*												
Injury and Violence												
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months			10.8	11.6	12.9	10.9		11.9	12.3	15.1	No	No
Percentage of students who were in a physical fight one or more times during the past 12 months			39.0	38.8	41.2	35.1		37.4	38.7	44.8	No	No
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse			4.4	5.6	7.8	3.9		7.4	6.9	11.2	Yes	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months			21.4	16.8	21.9	15.8		14.8	18.4	19.4	No	No
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months					14.2	16.2		16.6	20.6	24.8	Yes	No
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to						11.8		16.1	15.5	15.1	No	No
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months					38.3	31.6		34.2	26.4	28.6	Yes	No
Percentage of students who seriously considered attempting suicide during the past 12 months			19.7	17.6	13.7	18.3		15.2	14.7	16.8	No	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009		
Black*												
Injury and Violence												
Percentage of students who made a plan about how they would attempt suicide during the past 12 months			15.6	13.1	16.6	15.1		13.4	11.8	13.7	No	No
Percentage of students who actually attempted suicide one or more times during the past 12 months			8.9	8.6	11.1	12.6		14.7	13.7	12.4	No	No
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse			3.3	2.0	4.3	2.6		4.9	6.2	4.3	No	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009		
Black*												
Tobacco Use												
Percentage of students who ever tried cigarette smoking, even one or two puffs			70.0	74.9	71.0	68.4		63.9	62.7	55.2	Yes	No
Percentage of students who smoked a whole cigarette for the first time before age 13 years			17.2	16.0	13.0	22.8		12.0	15.7	15.5	No	No
Percentage of students who smoked cigarettes on one or more of the past 30 days			21.2	29.2	23.2	22.4		11.6	14.1	8.7	Yes	No
Percentage of students who smoked cigarettes on 20 or more of the past 30 days			3.7	7.8	7.3	5.2		5.5	6.3	3.4	No	No
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days			4.9	7.3	8.2	7.1		3.1	4.7	2.8	Yes	No
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days						7.9		7.1	12.8	7.1	No	No
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days			1.8	1.8	3.8	3.7		6.0	6.3	8.5	Yes	No
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days			1.0	1.1	2.3	3.2		4.3	3.2	4.9	Yes	No
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days					21.3	21.3		16.4	21.0	19.0	No	No
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days					28.9	31.5		19.2	24.5	16.7	Yes	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009		
Black*												
Alcohol and Other Drug Use												
Percentage of students who had at least one drink of alcohol on one or more days during their life			79.1	76.6	76.7	75.6		69.6	74.5	64.0	Yes	No
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years			35.0	31.3	29.7	31.0		29.0	26.3	34.9	No	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days			45.3	44.7	39.7	43.8		34.2	35.2	32.7	Yes	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days			19.4	21.2	20.0	18.5		18.9	12.8	12.7	Yes	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days			6.2	5.5	11.2	5.9		4.7	8.5	7.4	No	No
Percentage of students who used marijuana one or more times during their life			37.9	53.7	47.5	48.3		40.8	40.3	40.6	No	No
Percentage of students who tried marijuana for the first time before age 13 years			5.8	10.2	10.5	13.3		13.0	11.8	13.0	Yes	Yes
Percentage of students who used marijuana one or more times during the past 30 days			18.4	30.7	28.8	25.4		20.3	20.5	21.8	No	No
Percentage of students who used marijuana on school property one or more times during the past 30 days			5.2	9.5	5.9	5.4		4.5	3.9	7.1	No	No
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life			1.4	2.1	3.5	1.1		7.2	6.8	6.2	Yes	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Alcohol and Other Drug Use													
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days			1.1	1.6	2.2	1.1		4.4	2.7	4.4	Yes	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life			9.4	8.0	6.2	4.7		11.7	11.8	13.7	Yes	Yes	
Percentage of students who used heroin one or more times during their life					3.9	1.3		5.4	4.8	7.0	Yes	No	
Percentage of students who used methamphetamines one or more times during their life					5.6	2.6		5.2	6.0	5.0	No	No	
Percentage of students who used ecstasy one or more times during their life								6.9	6.5	12.6	No	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life			2.3	2.2	4.0	3.2		6.3	4.1	6.7	Yes	No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			1.4	0.9	3.3	1.0		6.5	5.7	5.9	Yes	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months			22.1	22.4	20.8	20.0		26.8	32.0	35.2	Yes	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Sexual Behaviors													
Percentage of students who ever had sexual intercourse			78.7	78.6	75.1	73.0		66.3	71.5	68.1	Yes	No	
Percentage of students who had sexual intercourse for the first time before age 13 years			24.7	25.1	22.9	18.0		15.4	15.9	19.2	Yes	No	
Percentage of students who had sexual intercourse with four or more people during their life			40.2	42.4	43.5	36.3		25.1	33.3	27.4	Yes	No	
Percentage of students who had sexual intercourse with one or more people during the past three months			58.9	61.4	56.9	52.6		46.7	47.7	46.3	Yes	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection			86.9	88.1	79.1	86.9		82.2	84.1	81.7	No	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Weight Management and Dietary Behaviors													
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**					14.3	19.8		20.8	15.3	13.7	No	Yes	
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**					12.9	18.6		18.9	14.1	15.8	No	No	
Percentage of students who described themselves as slightly or very overweight			22.7	23.9	25.0	33.1		29.0	18.2	20.4	No	Yes	
Percentage of students who were trying to lose weight			33.5	34.5	32.6	48.6		41.3	33.3	38.5	Yes	Yes	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			40.1	40.7	52.1	57.4		51.1	51.9	52.3	Yes	Yes	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days					30.4	36.4		29.5	27.6	33.9	No	No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days					12.4	16.2		15.1	11.9	19.4	No	No	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days					6.4	7.2		9.2	5.9	12.5	Yes	No	

*Non-Hispanic.

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Weight Management and Dietary Behaviors													
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			4.0	5.2	5.3	4.8		11.7	7.3	12.5	Yes	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days					76.0	85.9		73.1	79.0	78.1	No	No	
Percentage of students who ate fruit one or more times during the past seven days					70.7	76.1		73.7	67.1	78.2	No	No	
Percentage of students who ate green salad one or more times during the past seven days					40.0	54.0		45.3	42.4	47.6	No	No	
Percentage of students who ate potatoes one or more times during the past seven days					60.4	61.6		57.9	56.7	62.3	No	No	
Percentage of students who ate carrots one or more times during the past seven days					22.5	32.9		22.5	29.4	26.3	No	No	
Percentage of students who ate other vegetables one or more times during the past seven days					64.5	77.9		66.0	66.2	70.7	No	No	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days					23.4	26.3		14.0	17.4	20.4	Yes	No	
Percentage of students who ate fruits two or more times per day during the past seven days					33.9	35.3		25.8	23.0	35.3	No	Yes	
Percentage of students who ate vegetables three or more times per day during the past seven days					13.2	15.3		11.9	8.6	12.1	No	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Weight Management and Dietary Behaviors													
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days									33.3	24.9		Yes	
Percentage of students who drank three or more glasses per day of milk during the past seven days					10.2	12.9		6.2	10.1	7.8		No	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Physical Activity													
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								24.9	38.2	37.0	Yes	Yes	
Percentage of students who watched three or more hours per day of TV on an average school day					68.5	66.2		56.8	55.5	54.6	Yes	No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									19.5	26.4	No		
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school			32.8	41.2	50.8	37.7		34.7	36.9	45.8	No	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school			27.1	27.7	33.8	24.4		22.8	23.8	14.9	Yes	No	
Percentage of students who played on one or more sports teams during the past 12 months					49.1	57.2		48.0	53.2	50.6	No	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Other													
Percentage of students who had ever been told by a doctor or nurse that they had asthma								24.8	21.6	26.2	No	No	
Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma								10.9	13.0	No			

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year											Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Injury and Violence													
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else										22.7	19.0	No	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol										36.0	26.0	No	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol										14.2	14.5	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days										19.6	26.4	No	
Percentage of students who carried a gun on one or more of the past 30 days										9.6	10.5	No	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days										4.9	9.9	No	
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school										11.6	12.2	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Injury and Violence													
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months									12.9	9.7		No	
Percentage of students who were in a physical fight one or more times during the past 12 months									32.2	37.6		No	
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse									4.8	7.6		No	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months									12.2	15.5		No	
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months									20.0	20.7		No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to									16.7	15.9		No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months									35.2	34.8		No	
Percentage of students who seriously considered attempting suicide during the past 12 months									22.8	23.5		No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year											Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Injury and Violence													
Percentage of students who made a plan about how they would attempt suicide during the past 12 months										18.6	20.8	No	
Percentage of students who actually attempted suicide one or more times during the past 12 months										13.3	15.8	No	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse										4.9	8.1	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Tobacco Use													
Percentage of students who ever tried cigarette smoking, even one or two puffs									53.4	53.8	No		
Percentage of students who smoked a whole cigarette for the first time before age 13 years									16.5	16.6	No		
Percentage of students who smoked cigarettes on one or more of the past 30 days									16.6	20.5	No		
Percentage of students who smoked cigarettes on 20 or more of the past 30 days									7.0	7.4	No		
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days									7.0	8.0	No		
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days									15.0	8.9	No		
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days									11.0	9.6	No		
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days									6.9	8.3	No		
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days									15.6	17.6	No		
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days									21.4	23.5	No		

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Alcohol and Other Drug Use													
Percentage of students who had at least one drink of alcohol on one or more days during their life									77.1	72.9	No		
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years									25.5	38.8	Yes		
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days									44.6	38.4	No		
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days									29.0	23.3	No		
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days									6.1	8.7	No		
Percentage of students who used marijuana one or more times during their life									31.9	39.7	No		
Percentage of students who tried marijuana for the first time before age 13 years									13.0	10.3	No		
Percentage of students who used marijuana one or more times during the past 30 days									18.5	20.4	No		
Percentage of students who used marijuana on school property one or more times during the past 30 days									5.1	4.5	No		
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life									12.8	9.0	No		

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Alcohol and Other Drug Use													
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days									6.1	6.2		No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life									17.6	16.3		No	
Percentage of students who used heroin one or more times during their life									6.8	7.6		No	
Percentage of students who used methamphetamines one or more times during their life									11.8	6.4		No	
Percentage of students who used ecstasy one or more times during their life									11.7	15.0		No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life									7.4	8.2		No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life									7.6	7.5		No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months									25.9	32.5		No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Sexual Behaviors													
Percentage of students who ever had sexual intercourse									51.1	53.5		No	
Percentage of students who had sexual intercourse for the first time before age 13 years									12.8	10.0		No	
Percentage of students who had sexual intercourse with four or more people during their life									21.8	23.4		No	
Percentage of students who had sexual intercourse with one or more people during the past three months									40.0	38.9		No	
Percentage of students who had ever been taught in school about AIDS or HIV infection									70.8	78.1		No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Weight Management and Dietary Behaviors													
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**										12.4	20.5	No	
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**										14.6	20.1	No	
Percentage of students who described themselves as slightly or very overweight										30.6	25.7	No	
Percentage of students who were trying to lose weight										59.2	50.9	No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days										59.3	61.8	No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days										43.4	39.1	No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days										11.6	18.1	No	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days										11.5	8.1	No	

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arkansas High School Survey
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Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Weight Management and Dietary Behaviors													
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days										7.6	9.2	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days										73.8	80.6	No	
Percentage of students who ate fruit one or more times during the past seven days										85.9	83.0	No	
Percentage of students who ate green salad one or more times during the past seven days										53.5	53.9	No	
Percentage of students who ate potatoes one or more times during the past seven days										57.4	67.2	No	
Percentage of students who ate carrots one or more times during the past seven days										45.8	44.6	No	
Percentage of students who ate other vegetables one or more times during the past seven days										71.5	73.6	No	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days										15.8	16.0	No	
Percentage of students who ate fruits two or more times per day during the past seven days										27.4	22.6	No	
Percentage of students who ate vegetables three or more times per day during the past seven days										8.6	13.9	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Weight Management and Dietary Behaviors													
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days										31.7	25.2	No	
Percentage of students who drank three or more glasses per day of milk during the past seven days										10.6	8.8	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
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Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Physical Activity													
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days										26.0	36.0	No	
Percentage of students who watched three or more hours per day of TV on an average school day										41.6	37.1	No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day										20.7	18.3	No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school										40.9	43.3	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school										29.6	25.1	No	
Percentage of students who played on one or more sports teams during the past 12 months										44.2	51.6	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Arkansas High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Other													
Percentage of students who had ever been told by a doctor or nurse that they had asthma										29.4	18.4	Yes	
Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma										12.4	4.5	Yes	