

Wellness Committee Member Profile

Name: _____

Title: _____

Phone Number: _____

Email: _____

Please check the areas where you, your job, agency, organization or business can be most helpful

CSH Component	Program	Resources	Trainings	Cost Y/N
Health Education				
Physical Education				
Health Services				
Counseling/Mental Health/ Social Services				
Healthy School Environment				
Health Promotion for Staff				
Family/Community Involvement				

If any box is checked please give brief description: _____

In your opinion, what should be the primary focus of this committee?

CSH Component/Possible presentation for future meetings!

Health Education

Physical Education

Health Services

Counseling/Psy/Social Services

Healthy School Environment

Health Promotion for Staff

Family/Community Involvement

SCHOOL DISTRICT

DIRECTIONS FOR COMPLETING SCHOOL HEALTH INDEX (SHI)

Act 1220 of 2003 requires all public schools to complete an assessment of school policies and practices utilizing the School Health Index developed by the Center for Disease Control. The following Modules (* optional) are to be completed:

1. School Health & Safety Policies and Environment
2. Health Education
3. Physical Education and Physical Activity
4. Nutrition
5. School Health Services *
6. School Counseling, Psychological, and Social Services *
7. Health Promotion for Staff *
8. Family and Community Involvement

Information from this assessment is to be included in the district and building level Wellness Priority of the ASCIP (School Improvement Plan)

1. The principal will identify a person responsible for completing the online assessment. A Wellness team member in each building should complete the section/ module of the SHI they are most familiar with.
2. Go to the CDC website: <http://www.cdc.gov/nccdphp/dash/SHI/index.htm>. Log on with your school name and password (if you have one). The site retains previous entries. Step 2 asks you to choose a "Health Topic". If new to system, follow the directions.
3. Complete the Modules / Questions for Modules 1, 2, 3, 4, and 8. (5, 6, 7 are optional but recommended)
4. Summarize strengths and provide recommendations for improvements in each module where weaknesses or gaps are noted. Determine priorities for 2008-2009 school year based on assessment results.
5. Print a copy of the Score cards for each module. All building levels should submit a copy of the completed School Health Index Score Card to the District Wellness Committee chairperson on or before June 6, 2008. This information will enable the District Wellness Committee to complete the Wellness Priority within the district ACSIP plan based on the needs of the schools.
6. At building level, apply the School Health Index Scores to the ACSIP Wellness Priority Report which will be part of your ACSIP plan. This is due to ADE by September 15, 2008.
7. Contact Wellness Committee chairperson if further assistance is needed.